

FEDERATED CHURCH NEWSLETTER

Worship Services:

Thursdays at 6:30PM

Sundays at 10 AM

Education Hour

(Sunday School, Adult Education and Confirmation Classes):

Sundays at 9AM

**PLEASE SEE THE CALENDAR FOR
UPCOMING ACTIVITIES AND EVENTS!**

See inside for upcoming activities
in May and June at Federated!

From the Pastor's Desk

One of the requirements for ordination in the Presbyterian Church (U.S.A.) is completion of one unit of Clinical Pastoral Education. CPE is training for chaplaincy work, usually in a hospital setting. I completed my CPE at Methodist Hospital in Arcadia, CA in the spring of 2015. Each week, I wrote a reflection on what I was learning. With encouragement from my CPE supervisor, I would like to share some of my reflections in our Federated newsletter. Here's my first CPE reflection:

BODY – I have been thinking a lot lately about the importance of the human body. Part of my dissertation was on the role of the body in relation to church buildings. I reflected on this with regard to Christ's incarnation. As Christ took on human flesh and suffered with his physical body, we can recognize the significance of the human body in God's work.

But the body has not always been valued in the Christian tradition that I am a part of. John Calvin referred to the physical body as a "prison of the soul." It is evident that he did not have a fond view of embodiment. Part of the reason for this was the numerous physical ailments that he suffered. Having recently struggled with the flu, I can somewhat understand where he is coming from. I could only imagine how difficult it must be for those who endure chronic physical pain and the desire for liberation from this "prison." At the same time, I learned to have a greater appreciation for the human body. Facing difficulties with eating, sleeping and moving, I realized how vital a healthy body is for life's daily activities.

Being in the hospital for the first week of CPE and noticing some patients during our tours, I realized how important a healthy body is for them. This is not to say that all their problems are merely physical. Rather there might be mental and/or emotional sources for the problems that are experienced physically. This is to say that the various aspects of what make us who we are – our body and spirit (or body, soul & spirit) in theological discourse – are closely linked to one another. And as a person is made up of various parts, there are various ways that she or he needs to be cared for in order to be healthy. I realized that this is one of the reasons why spiritual care is so vital in the hospital setting.

Along with recognizing the significance of having a physical body, I also learned the importance of what is done with the body. The statement regarding how 67% of our communication is through "body language" was a helpful confirmation of what I had been experiencing during the first week of CPE.

From the Pastor's Desk (cont.)

On Tuesday, we had our role-playing activity. One of the lessons that stood out for me was how we communicate with our body. As a chaplain, it was difficult to read the other person's body language. And likely, this will continue to be the case as we interact with people who may not have full control of their body. But when I played the role of a patient, I could see more clearly how one's body communicates without words. While I initially thought that the differences – of sitting as opposed to standing and being close as opposed to far – were minor, I saw from the hospital bed that these differences could make a tremendous impact. And the next few days I tried to be more intentional about what my body was communicating.

During our Thursday story time, there were moments when I thought about my body language. I wanted to be intentional during my own sharing by having my body leaning forward while talking, but I lost track of what I was doing with my body while focusing more on what I needed to say. Nonetheless, there were times when I caught myself crossing my arms while others were sharing. While I might think of this posture as a routine way of concentrating, I realized that I could also be non-verbally putting my guards up with this closed position. Thus I put my arms down to allow my heart to be more open to receive what was being spoken.

On Friday, as a nurse manager was sharing, I caught myself leaning back in my chair. I was feeling relaxed in my semi laid back posture. But since I was sitting next to the nurse manager, I realized that my body might be communicating something different. My posture could be seen as wanting to get away from the person sharing. But that would be contrary to what I would want communicated. So when I caught myself, I shifted my posture by leaning my upper body toward the speaker rather than away.

In summary, I realized the importance of the human body on a practical level. CPE showed me that it's not just about the theoretical importance of having a body. Just as significant is that our body is whole and connected to the other parts that make us who we are. Moreover, I can use my body to communicate. I just need to make sure my body language is saying what I would want to be said.

Consider ways that you relate to your body. Here are some questions for your own reflection:

What change(s) have you noticed with regard to your physical abilities?

Which of those changes have been most difficult?

In what ways does your body communicate who you are? And in what ways does it not do so?

What do you think of Calvin's description of the body as "prison of the soul"? How does that relate to the words of Psalm 139:14a, "I praise you, for I am fearfully and wonderfully made"?

Please feel free to share your thoughts and/or questions with me, via email/text/call/in-person.

Grace and peace,

Edward

Helping Hands Non-Member Funds

Our funds to help the less fortunate who do not belong to the church, are getting very, very low. We have stopped assisting with electric bills, rent, and fuel, and, currently, only giving Food Pantry letters and Super Saver certificates. In the last year, we have helped seventy two people with rent, fuel, electricity and food for a total of \$4,938. Generous contributors had given \$1,350, but, as you can easily see, this is less than what was spent. If you would like to help our fellow Columbus area citizens who are down on their luck, living paycheck to paycheck, or just need a little extra help, send a check to the church and write Helping Hands Non-Members (or HHNM) in the memo.

Christian Book Discussion Group

The book, "A Glad Obedience, Why and What we Sing" by Walter Brueggemann, is the next book to be reviewed at the Tuesday morning Christian Book Discussion Group. Copies of this book are available at Amazon.com. We meet every Tuesday morning at 7 AM in the Fellowship Hall. You are welcome to join us!



Upcoming Events

Graduation Sunday, May 19th

Celebrating our 2019
High School Graduates
(during Worship Service, 10AM)

Vacation Bible Camp, June 3-7

At First United Methodist
\$5 Early Bird Registration
\$10 Registration on 3rd

Registration for Camps

It's getting close to the end of the school year, and all of us parents know what that means! SUMMER CAMP!

Make sure to get all your info about Kamp Kaleo and Camp Calvin Crest, including up-to-date camp dates, registration materials and any other information you require, on their websites: www.kampkaleo.com and calvincrest.org

Also, there is an awesome financial resource that has been underused in recent years. You can ask the Office Staff or anyone from the Endowment Committee about the Flossie Watson Fund, which helps with registration fees to either of these camps!

2019 Vacation Bible Camp

Registration is now open for Vacation Bible Camp at First United Methodist this summer, June 3rd through the 7th. To find more information, please go to FUMC's website: www.columbusfumc.com or contact the church's office at 402-564-8463.

Meals on Wheels

Federated will be delivering meals June 3 - 7.
Coordinators will be Charlotte Lambert 402-564-5834.
New volunteers are needed!

Center for Survivors

We are reaching out to our amazing community and asking for donations of NEW simple clothing for children in crisis situations. Following is a list of what we need:
Boys and Girls new clothing: plain t-shirts, plain sweatshirts, leggings/sweatpants, shorts, underwear
Sizes for both boys and girls will include: 2T, 3T, 4T, 5T, 6T, 7, 8, 9, 10-12

Platte County Food Pantry

We ask that you help support this ministry by bringing in the following items: Hamburger Helper, Tuna Helper, Tuna, Macaroni & Cheese, All Soups, Spaghetti Sauce, Jell-O, Canned Vegetables, Cereal, Ramen Noodles, Pancake Mixes, Bar Soap, Applesauce, Canned Pasta, Diced Tomatoes, Dry Pasta, Canned Fruit, Tomato Sauce, Pudding, Saltine Crackers, Jelly, Peanut Butter, Pancake Syrup, Toilet Paper

Platte Valley Humane Society

The Platte Valley Humane Society is privileged to have a donation receptacle in the northwest entrance of the Federated Church.

Requested items are:

May: 30 Gallon Trash Bags,
Liquid Hand Soap

June: Hand Sanitizer, Cat Litter



Habitat for Humanity Faith Build 2019


Our congregation is partnering with Habitat for Humanity and Thrivent in a Faith Build to help a local family in need of safe and affordable housing. Help us raise walls, funds and prayers to make a difference in Columbus. We invite you to grab a blue house-shaped coin bank or a house on the board in the narthex of the church! The banks can be used for collecting funds while thinking about how grateful you are for your own home and conveniences of our lives. Be the change in Kylie's life!! Or, simply take one of the houses on the board and make a direct donation to the construction the amount of money listed on that house in the box. Habitat is asking that congregations prayerfully consider donating to the first ever Faith Build where our church community will provide half of the cost of the house while Thrivent Financial has committed to the other half! If you would like to be part of the Federated build day on July 27th, you can volunteer to help build or provide snacks, drinks, and/or lunch for the volunteers.

For more information, you can find their website at <http://www.hfhcolumbusne.org> or contact them at:
Habitat for Humanity of Columbus NE
P.O. Box 1792
Columbus, NE 68602-1792
402-564-HOME (4663)
info@hfhcolumbusne.org

May 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
12 9:00am Sunday School 10:00am Worship Service 3:00pm El Buen Pastor Worship	13 7:00pm Scouts Troop 212	14 7:00am Tuesday Morning Book Discussion Group 10:00am Staff Meeting 11:30am OSA Prayer Chain Meeting 4:00pm Tuesday After School Tutoring at Emerson School 6:30pm Christian Education Committee Meeting 7:00pm Cub Scouts Pack 279	15 6:30pm H.I.S. Puppet Ministry Practice 7:30pm Youth Club 7:30pm Chancel Choir Rehearsal	16 6:30pm Thursday Worship Service 7:30pm Flood Benefit Concert	17 9:00am MOPS Leadership Meeting 3:00pm Kaitlyn Meyer Graduation 6:00pm Latino Prayer Service	18 12:00pm Kaitlyn Meyer Graduation
19 9:00am Sunday School 10:00am Worship Service 3:00pm El Buen Pastor Worship	20 7:00pm Scouts Troop 212	21 7:00am Tuesday Morning Book Discussion Group 10:00am Staff Meeting 4:00pm Tuesday After School Tutoring at Emerson School 6:30pm Finance & Property Committee Meeting 7:00pm Cub Scouts Pack 279	22 6:45pm Membership & Growth Committee Meeting 7:30pm Youth Club	23 6:30pm Thursday Worship Service	24 6:00pm Latino Prayer Service	25
26 9:00am Sunday School 10:00am Worship Service 3:00pm El Buen Pastor Worship	27 7:00pm Scouts Troop 212	28 7:00am Tuesday Morning Book Discussion Group Meeting 10:00am Staff Meeting 4:00pm Tuesday After School Tutoring at Emerson School 7:00pm Governing Council Meeting	29 6:30pm H.I.S. Puppet Ministry Practice	30 6:30pm Thursday Worship Service	31 6:00pm Latino Prayer Service	

June 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1
2 10:00am Worship Service 11:15am Youth Ministries Meeting 3:00pm El Buen Pastor Worship	3 5:15pm Order of St. Andrew Committee Meeting 7:00pm Scouts Troop 212	4 11:00am All Staff Luncheon Meeting 7:00pm Worship & Music Committee Meeting	5	6 6:15pm Scouts Roundtable 6:15pm Order of the Arrow 6:30pm Thursday Worship Service	7 6:00pm Latino Prayer Service	8 9:00am Fantastic 4-Hrs
9 10:00am Worship Service 3:00pm El Buen Pastor Worship	10 4:30pm Personnel Committee Meeting 6:45pm Membership & Growth Committee Meeting 7:00pm Scouts Troop 212	11 10:00am Staff Meeting 11:30am OSA Prayer Chain Meeting	12	13 6:30pm Thursday Worship Service	14 6:00pm Latino Prayer Service	15 <div> More Articles on Next Page  </div>

2019 Summer Music

Summer special music needed. The choir takes the summer off. If you or someone you know would be willing to provide some type of special music this summer, please sign up on the schedule located in the church office. Contact Bob Arp with any questions. What a great way to share a God given gift with others!

Phil Wilson Scholarship Renewals

Federated Church Foundation Scholarship Renewal Applications were mailed out this week. Please contact Jim in the church office if you do not receive yours. Applications are due back to the church office with an official transcript (or copy) no later than June 24th. Late applications are subject to a reduction penalty.

Funeral Committee Information

Funeral Committee 2: Co-Chairpersons: John & Deb Curry, Steve & Marcia Dewald, Larry & Sue Mares, Guy & Linda Wheatley

Members: Diane Barbarglia, Liz Boettcher, Gary & Dana Brandt, Jane Crister, JoAnn Dowd, Mimi Ernst, Jose & Trinidad Garcia, Jeff & Tami Gotschall, Gene & Cola Hahn, Fonda Hanks, Whit Hanner, Cindy Hoadley, Terry & Andree Hoeman, Leroy & Brenda Kallweit, Ron & Charlotte Lambert, Herman & Beryldean Lauterbach, Ruth Lind, John Lohr, John & Julie McClure, Kevin & Mary Meyer, Bryon & Peg Meyer, Diane Scheffler, Donna Shreve, Kim Swierczek, Clark & Lori Smith, Joe & Marilyn Srb, Paula & Rebecca Timperley, Doug & Randi Williams, Drew & Kristi Wolfe, Gail Wurdeman

Nursery Attendant Needed

Church Nursery Attendant Needed to care for children ages 0-3 on Sunday mornings. Please contact Rev. Edward, edward@federatedcolumbus.org/(402) 564-2812, with questions and send resumes Attn: Rev. Edward to Federated's P.O. Box 564, Columbus, NE 68602 More information on the church webpage: <http://federatedcolumbus.org/wp-content/uploads/Federated-Church-Nursery-Attendant-Job-Posting.pdf>

Recycling Help Requested

While we explore various options for recycling, the Church Office needs your help! If you recycle at home and would be willing to take some of the church's paper and/or cardboard to include with your curbside recycling, please stop by the church office. If you are aware of a community resource for cardboard and/or paper recycling, please call the church office (402) 564-2812 and speak with Jim Rains.

A huge thank you to Andree and Terry Hoeman for helping the previous months!

Women's Fellowship Restructuring Committee

Sue McClure
Rogalyn Stevens
Joie Taylor
Linda Wheatley

B-I-N-G-O

Ladies: We are seeking names of who would like to be called IF and WHEN additional help is needed on 4th Wednesdays (2:00 - 3:00) Bingo. It would not be an every month call, but a 'just in case'. Prizes are always provided by the circles. The sign-up sheet is in the sanctuary. *Thanks for your help, PW Women*

Red Cross Blood Drive Cookie Donations

Please deliver cookies to First United Methodist Church Outreach Center located at 3602 16th Street between 11 and 11:30am. Label cookies "Thursday Blood Drive"
July 3 - Circle 1; July 11 - Circle 2; July 18 - Circle 4; July 25 - Rhombus

Searching for Garage Sale Co-Chairs

Federated Church is seeking volunteers to Co-Chair this year's garage sale. Typically, July 8th would start the prep and the sale would be on July 13th. Please contact Linda Wheatley if you are interested 402-276-0215 or lwheatley@neb.rr.com

Coming Soon!!

The church staff has agreed as a whole to change the schedule of the newsletter. Now, instead of this publication coming out on the fifteenth of every month, it will begin to come out at the beginning. This change will be implemented during the summer, so the printing/sending schedule will be June Newsletter - 1/2 of the month of June and the whole month of July; No printing in July; August will be ONLY the month of August

The following changes will be noticed:

- The calendars will be for the current month only
- The financials will be for the prior month (Publication in August will have June and July financials, the September issue will have the August financials and so on)
- The birthday list will go from the first of the month to the last of the month, not half way through two months

We will also be redesigning the bulletin, so, if you visit another church and like their template, feel free to bring it in for Chrissy, our Publications Coordinator, as she may be able to utilize some of the aspects into a new format.

Happy Birthday

Crystal Baldwin	5/15
Madison Coutts	5/17
Heather Curry	5/19
Brenda Berry, Kyle Royer	5/20
Elizabeth Sand	5/21
Katie Claus, Larry Mares	5/24
Nolan Rine	5/25
Jake Gotschall, Herman Lauterbach	5/28
Richard Fry	5/29
Lee Augustin	5/31
Henry Moore	6/1
Kevin Kallweit	6/2
Andree Hoeman, Peggy Meyer, Shirley Spence	6/3
Nicole Miller, Kevin Perrin, Karen Whitney	6/5
Morgan Walters	6/6
Kelda Speicher	6/9
Ada Marsh	6/10
Samuel Hickey, Pat Scheuneman, Brielle Wolfe	6/12
Jose Garcia	6/13
Dorothy Eschliman	6/14
Terry Hoeman	6/15

Don't see your birthday in our list above? Find an error?
Contact the church office and let us know!

Federated Church Finance-at-a-Glance

Recap of financial transactions for April 2019

The following information is a brief description of transactions for the previously completed month.
Complete records are available in the church office upon request.

Income - April 2019

Contributions, Etc.:

Current Year \$33,511.92

Designated Funds (Savings):

One Great Hour of Sharing	\$1,079.81
Kamp Kaleo	\$25.00
Hastings College	\$10.00
Habitat for Humanity	\$150.00
Pentecost	\$10.00
Youth Mission Trip	\$1,685.00
Easter Flowers	\$167.00
Youth Fund	\$65.00
Building Maintenance	\$2,930.00
Alumni Mission Trip	\$100.00
Tuesday Morning Book Discussion	\$39.00
Disaster Relief (2019 NE Flood)	\$220.00
Helping Hands - Members	\$100.00

Checking Account Balance
Ending March 31, 2019:
\$5,413.50
Ending April 30, 2019:
\$11,727.83

Interest Income:

Memorial	\$4.97
Checking	\$0.76
Savings	\$123.00

Savings Account Balance
Ending March 31, 2019:
\$106,852.27
Ending April 30, 2019:
\$104,588.11

Expenses - April 2019

Annual Budget Expenses:

Committee, Administration, Church	\$37,297.66
Staff, Utilities/Facility Expenses	

Savings Expenses:

Youth Mission Trip	\$1,765.00
Building Maintenance	\$2,155.00
(Bell Controller Panel)	
Love Gift (ALS)	\$174.00
Disaster Relief (2019 NE Flood)	\$375.00
Habitat for Humanity	\$150.00
Multimedia (STFF Project)	\$8,870.98
Helping Hands - Members	\$100.00
Helping Hands - Non-Members	\$300.00
Foundation (Postage)	\$2.60

Memorial Account Balance
Ending March 31, 2019:
\$30,225.30
Ending April 30, 2019:
\$29,490.27

Memorial Expenses:

Unrestricted (Bell Controller Panel)	\$740.00
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THE FEDERATED CHURCH

PCUSA - UCC

2704 15th STREET ~ P.O. Box 564
Columbus, NE, USA 68602-0564

Return Service Requested

May/June 2019 Newsletter